

Trinity Press

September 2026



“Teach us to number our days, that we may gain a heart of wisdom.”

Psalm 90:12

This verse has always “spoken” to me. Many years ago, when I read it I remember thinking, “My childhood, my teen years and my 20’s have come and gone. It went so fast.” But with each coming decade it seems to speed up – my 30’s, 40’s 50’s and (ahhhhh) 60’s has come and gone – Zoom.



When I am among the redwood trees I am reminded, once again, how short is the span of life. Redwoods in these pictures are hundreds of years old.

The Psalmist says that when we number our days we can gain a heart of wisdom. What kind of wisdom?

3 Quick Thoughts:

Brevity of life: Life passes quickly, and our time on earth is limited.

Numbering days: To “number our days” means to value each day as a precious gift rather than living as if we have forever.

Live with Heaven in your Heart: True wisdom is not just mental knowledge; it is a changed heart that focuses on eternal, meaningful choices instead of temporary distractions.

Have a great rest of your week and I hope to see you on Sunday.

Pastor Jamie

Financial Update from Elder Sue Goodwin
(From Gathered Worship August 23, 2026)

I'm here as one of the Elders, or elected leaders, of the church. During our meeting this past Tuesday, we had discussions that we felt we needed to share directly with the congregation. (And I'm going to apologize in advance to anyone who is new or visiting - this is not a comfortable topic to share in front of you!)

Our church finances aren't looking good right now. We are currently \$18,000 behind. Now, it is a fact that summer is typically a time when giving in churches decreases, and often people give extra at the end of the year, but we felt it was important for you to know where things stand right now. We are dipping into our reserve accounts each month and that cannot continue to do that indefinitely.

The ministry teams have worked very hard to eliminate any non-essentials, and to do things in the most cost-effective ways possible - our expenses are under what we budgeted. Our fervent prayer is that we won't have to cut programming or staff in the coming year.

The church will do its usual stewardship campaign in November, but we didn't want to wait to share this information. We are asking for your prayers:

A.) Please pray about your own giving and whether you can do more to support the church this fall. If you are one of the 33 "giving units" who filled out a pledge card and are a regular giver, thank you. Session members don't know who you are or what you give, but we are grateful. All of us on session are praying about increasing our own giving and increasing our pledges for the rest of the year.

B.) If you are a regular attender, but you didn't pledge, it's never too late - there are forms on the table right as you enter the sanctuary that you could fill out today! For me, making a pledge keeps me accountable rather than thinking, "I'll give next week after I get paid" or things like that - paying electronically helps me pay it right away after pay day, so I'm sure it's going to happen. If we have a pledge, it also helps the session to have an idea of likely income so we can do the budgeting. Even if you choose not to pledge right now (and you will be invited again in November to pledge for next year), we invite you to give more now as the spirit leads you.

C.) Please pray for your leaders and our discernment and decision-making, and finally,

D.) Please pray for God's provision for our church.



Trinity's Financial Update for the period January – July 2026

July 2026

Net Monthly Financial Goal: \$22,336

Sunday/Online Giving \$14,194

Facility Use: \$3,475

Interest Income: \$213

Per Capita \$

Total for July:\$17,882

Total Deficit \$2,365

January – July 2026

Net Year to Date Financial Goal: \$156,354

Sunday/Online Giving \$104,855

Facility Use: \$19,485

Interest Income: \$1,697

Per Capita \$725

Total for January - July:\$126,762

Total Deficit \$ 18,073

Submitted by Karla Rasmussen, Treasurer

Like to pay online? We have two options available.

You can now transfer funds from your bank to Trinity's US Bank Account using Zelle®. There are no fees charged to the sender or receiver. Check to see if your bank offers Zelle® transfers at

<https://www.zellepay.com/> . We are registered with the email "Treasurer@trinitywestsac.org."

If you prefer to use your credit card or bank account, you can set up donations on our website

<https://trinitywestsac.org> . Stroll down to the bottom of the page and hit the Give Now button. There is a 2% fee charged to the church for this service.

If you have any questions, please let me know.

Karla Rasmussen, Treasurer

Treasurer@trinitywestsac.org

Game Night Continues...



The first Friday of each month, you are invited to join in game night from 6:30-8:30 pm, usually in the Fellowship Hall. (Sept. 4th, Oct. 2nd, Nov. 6th) We frequently open with a question to help us get to know each other better (don't worry, we don't do anything too deep or personal), we pray and then we play! We also try to have a jigsaw puzzle for those who enjoy puzzling. It's been a fun way to get to know folks in a very casual way. Oh, and we usually have some sort of dessert. If you've got a favorite game, bring it along! I hope you'll join us!

Questions? Contact Sue Goodwin at: slgoodwin@yahoo.com or 916-717-5299.

Need Accessibility Improvements to Your Home?

The City of West Sacramento's Residential Accessibility Modification Program (RAMP) offers eligible homeowners a one-time grant of up to \$30,000 for accessibility improvements. Modifications may include wheelchair ramps, widened doorways, accessible showers, grab bars, handrails, and other improvements that support safety, mobility, and independent living. Applicants must own and live in the home and meet program requirements.

For more information, contact Thurmond Consulting at **512-673-8305** or ce@thurmondconsultingllc.com, or visit:

<https://www.cityofwestsacramento.org/government/departments/economic-development-and-housing/housing/housing-policies>



Annual Volunteer Lunch and Training

Sunday, September 20, 2026,
11:30, Room 3

All children & youth volunteers,
new and returning, are invited!

Teens interested
in volunteering
with younger
children are also
welcome!



- Healing prayers for Don Brooks, Glenda Dahms, Nancy Del Mugnaio, Patricia Temple and Terrie Watson.
- Prayers for Bret Egbert's mental & physical health.
- Lee Wallinder's 96-year-old mother who is recovering from a broken hip.
- Prayers for the Hamby and Stockdale families who both have lost their patriarch this past month.
- Healing prayers for Ken Settle who is in the hospital.

- Trinity Game Nights –September 4th 6:30-8:30 in room 1
- Youth Parent lunch & meeting – September 13th at 11:15 in room 1
- Christian Ed volunteer training – September 20th at 11:30 in room 3
- Youth Group—First Wednesday of the month at 6:30
- Prayer Meetings – 1st & 3rd Wednesday at 6:30 in room 6



Happy Birthday To YOU!

Lori Schlunegger – 9/10

Ethel Hayes – 9/22

Jan Palacio – 9/25

Lee Wallinder – 9/26



Connecting Through Learning...

When I preached over the summer, I spoke about how staying connected to each other is one way to stay connected to God. Being connected to each other can help us to “abide in the vine” (John 15:4) so that we can bear much fruit. Learning together can be a powerful way of connecting - both to God and to each other!

The Christian Education Team would like to offer some classes for adults to connect and learn together so that we might all grow in our faith, but we'd like to get your ideas and input first. Please watch your email inbox, or your bulletin in the coming weeks for a survey to help us identify timing and study topics that are appealing to you. If you've got burning thoughts and want to email them, please send them to slgoodwin@yahoo.com or call me at 916-717-5299. I look forward to seeing how God wants us to grow and connect in the coming months!

Sue Goodwin, Elder for Christian Education

Buildings and Grounds

September

WORK DAY – OCTOBER 3rd 8:00-12:00

Please come join us! It is a great time of fellowship and an opportunity to meet someone new! There is much that goes into the maintenance and upkeep of our site. We always accomplish a lot on work days to help keep down costs and provide a welcoming atmosphere.

Projects:

- weed/yard work – please bring your own tools
- clean outside windows
- remove cobwebs
- deep clean the sanctuary
- clean roof gutters
- fill in holes on lawn
- and much more...

Thank you!

- Lee Wallinder for repairing a leak in the men's restroom
- Claudia Maria Medina, CLC, for cleaning the bathrooms and the narthex

Notes:

- The HVAC pump in the office was replaced \$561.65
- Curtains and rods were hung in rooms 1, 2, 3, 5, and 6
Buildings and Grounds supplied the labor and Christian Ed. paid for the materials \$582.04
- The Henhouse Preschool has renewed their contract through August 31, 2027

Future projects:

- Clean the carpet in the office and sanctuary - \$1,500.00
- Repair the stained glass windows in the sanctuary - approximately \$6,000.00
- Paint and repair the large shed and replace the ramp
- Replace the flooring in the fellowship hall

Buildings and Grounds Committee:

Don and Linda Brooks, Nola Goeden, Cora Hocker, Karla Rasmussen

Carlo Davis, chairperson

Dear beloved Friends in Christ,
I write to you with a heart full of gratitude for being part of the celebration of my retirement. Your presence made that special occasion even more meaningful to me.
Thank you also to those who took the time to write a note and share your kind words and good wishes.
And a very special thank you for your generous gift card. I received it with a deeply grateful heart.
You have been a beautiful blessing in my life and in the Hispanic ministry. I will carry with me your kindness, and the many ways you have touched my life.
May the Lord embrace you with His incomparable love and fill you with His peace, strength, and hope every day of your lives.
With gratitude and affection,
P. Meryam



New members of Trinity!



September 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30 Communion - Church Service - 10:00; Sun Sch - Rm 3, 10-11 Share Your Faith Class - 11:30-12:45, Rm 1 CLC Service - Noon	31 Labor Day Jamie's Bible Study - Zoom @ 6:00	1 Office Closed Boy Scout Pack 49 AOL Mtg. - 6-9:00, FH M&O Mtg. - 7:00, Zoom AA - 7-8:00, Rm 3	2 Youth Group - 6:30-8, Rm 1 Prayer Mtg. - 6:30, Rm 6 CLC Praise Team Rehearsal - 6:30-8:30	3 Praise Team rehearsal - 6-7:30 The Hen House Preschool Closed	4 Game Night - 6:30-8:30, Rm 1 Preschool Closed	5
6 Church Service - 10:00 Sun Sch Rm 3, 10-11:00 Deacon's-8:45, Rm 2 Youth Group Parent lunch & mtg - 11:15, Rm 1 CLC Service - Noon OOTB Food Packing - 2:00	7 Labor Day Jamie's Bible Study - Zoom @ 6:00	8 Personnel Mtg. - 7:00, Zoom; Worship Mtg. - 7:00 Zoom AA - 7-8:00, Rm 3	9 PEO Mtg. - 10-1:00, Rm 1 CLC Praise Team Rehearsal - 6:30-8:30	10 Finance Mtg. 7:00, Zoom HBD Lori Schlunegger	11	12 PHW - 8-12:00, FH
13 Church Service - 10:00 Sun Sch Rm 3, 10-11:00 Deacon's-8:45, Rm 2 Youth Group Parent lunch & mtg - 11:15, Rm 1 CLC Service - Noon OOTB Food Packing - 2:00	14 Office Open Jamie's Bible Study - Zoom @ 6:00	15 Session Mtg. - 7:00, Zoom Boy Scout Pack 49 AOL Mtg. - 6-9:00, FH AA - 7-8:00, Rm 3	16 Office Closed Prayer Mtg. - 6:30, Rm 6 CLC Praise Team Rehearsal - 6:30-8:30	17 Praise Team rehearsal - 6-7:30 OOTB Distribution - 6:30	18	19
20 Church Service - 10:00 Sun Sch Rm 3, 10-11:00 Christian Ed volunteer trng - 11:30, Rm 3 CLC Service - Noon	21 Jamie's Bible Study - Zoom @ 6:00	22 AA - 7-8:00, Rm 3 HBD Ethel Hayes	23 CLC Praise Team Rehearsal - 6:30-8:30	24	25 HDB Jan Palacio	26 AA - Picnic, 10-2:00, lawn & fron parking lot HBD Lee Wallinder
27 Church Service - 10:00 Sun Sch Rm 3, 10-11:00 CLC Service - Noon	28 Office Open Jamie's Bible Study - Zoom @ 6:00	29 Boy Scout Pack 49 AOL Mtg. - 6-9:00, FH AA - 7-8:00, Rm 3	30 CLC Praise Team Rehearsal - 6:30-8:30	1	2	3



Trinity Presbyterian Church

1500 Park Blvd

West Sacramento, CA 95691



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Church**

1500 Park Blvd

West Sacramento, 95691

Phone: 916-371-5875

E-mail: Administrator@trinitywestsac.org



Trinity's Vision Statement:

*"We are a community being
transformed by the Love of Jesus"*

- *God is good.*
- *Nobody's perfect.*
- *Everyone is welcome.*
- *We can make a difference*

Pastor : Jamie Crook

Office Manager: Susan Whitaker