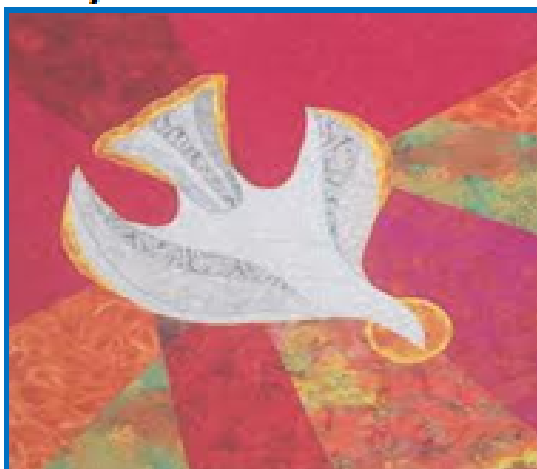


May 2012

Trinity Press



"And when the day of Pentecost had come, they were all together in one place. And suddenly a sound from heaven like the rush of a mighty wind... And they were all filled with the Holy Spirit..." Acts 2: 1-4

Sunday Worship Services

9:00 am Family-Friendly
Contemporary

10:45 am Spanish Language

11:00 am Blended/Traditional

Child care at all Worship Services

Nursery Care—Room 10

Preschool Care—Room 10

Sunday School Classes

Grades K-5—Rooms 4, 6

**Kid's Fun Day
Church Bazaar
Cinco de Mayo
Saturday May 5th**

9:00 –3:00

Yard Sale

Craft Sale

Plant Sale

Bake Sale

10:00 — 2:00

Bounce Houses

Face Painting

Crazy Hair

Crafts

WSFD "Smoke House"

Mexican Dancers

Free Snow Cones

Tamales

FUN FRIENDS FOOD FAMILY

A Chat with Dr. Tom

This month I would like to return to the way relationships really work. In psychology this is called family systems or family process with the word 'family' being defined loosely.

People will hear me speak about emotional triangles. An emotional triangle is formed by any three persons or issues. It can be three people, or two people and an issue (like work, or alcohol), or even by a person (say the pastor), the congregation, and an issue like the budget, or an issue like attendance.

When any two parts of a family system become uncomfortable with one another, they will 'triangle in' or focus upon a third person, or issue, as a way of stabilizing their own relationship with one another. A person may be said to be 'triangled' if he or she gets caught in the middle as the focus of such an unresolved issue.

Typical emotional triangles found in families are mother-father-child, a parent and any two children; a parent, his or her child, and his or her own parents; a parent, a child, and a symptom in the child (doing badly in school, drugs, stealing, sexual acting out, allergies, worries about attention); one spouse, the other, and the other's dysfunction (drinking, gambling, an affair, depression).

The concept of the emotional triangle helps us remember to focus on process rather than content. This is arguably the most important of all lessons in the understanding of systems.

The vast majority of people focus on content issues and ignore process.

When you learn to focus on process, not content, you also learn how to hear people, and also learn how to listen for what is really important.

I know this may not make sense to some of you, but the toxicity of an issue has less to do with the content of the issue as it has to do with how the issue is handled -- process. The easy approach is to assign blame without asking how the issue came to be an issue. We blame our partners -- we blame our children -- we blame our pastors -- all the while making the colossal assumption that the one we blame is wholly responsible for the pain we may feel.

Everyone has unresolved issues in their personal lives. What is amazing is that people transfer these unresolved issues onto someone else. The power and energy that is contained within the unresolved issue is placed into an issue (or more often, onto someone) that is totally unrelated to the source of the power or energy.

Church family systems, with their various expectations, are common culprits in this transfer of unresolved energy -- and pastors often get snookered. Unresolved issues in a parishioners' personal family, or unresolved issues between factions in the congregational family, or even unresolved issues within the congregation that have been passed down in the emotional system for years, can easily be transferred onto the person of the pastor, especially if the pastor has not been trained to recognize how emotional triangles work.

The value of a systems approach is that it will redistribute the anxiety of emotional triangles by naming and taming them.



ESQUINA LATINA – LATINO CORNER – MAY 2012

Kids' Day/Rummage Sale on May 5 (cinco de mayo). We look forward to being a part of this all-church activity. Don't miss a presentation of authentic Mexican dances at 11:30 am! We are also planning to sell tamales (or some similar Mexican food) at this exciting event.

We also look forward to an upcoming meeting to **plan our calendar** for the next 14 months. This meeting will include our Latino attenders and our faithful Latino Ministry Team.

Holy Week/Easter. We all participated in and fully enjoyed our Maundy Thursday and Good Friday events. We also joined in on the Easter festivities. Tina preached at the 7:00 am English service, attended by one of our families whose mom had to work that day. The rest of our Latino families attended the 11:00 worship celebration in English. During this service, our Latino worship director, David Contto, played a bilingual version of "Mighty to Save," which was very well received.

Ongoing

Spanish worship service. We thank God that we are starting to see a core group that is attending our 10:45 am Spanish service on a consistent basis. One Sunday we had 22 people, including children.

Wednesday evening Spanish Bible studies (SBS). We continue to meet in conjunction with FIRE, eating all together as a church and then going into our Spanish Bible Study.

Friday night movie night at the homes of our members. We continue to enjoy these fellowship evenings.

Monthly food distribution. We continue to participate in the packing and distribution of food bags with our awesome Out Of The Box team.

Please pray with us as we look forward to what God continues to do at Trinity - and for the ongoing and future ministry that God has for us, led and empowered by God's Holy Spirit!

Pastora Tina Torres and the Latino Ministry Team

SESSION HIGHLIGHTS

At the regular meeting of Session on April 17, 2012, the following reports were heard and actions taken:

- Approved the transfer of Randy and Sandy Young to Westminster Presbyterian Church and Al and Barbara Maich to Parkview Presbyterian Church with regret.
- Expressed our deep gratitude to Dan and Paige Meyerpeter for their ministry, wishing them God's speed and care as they move to Olympia, Washington. Also went over plans for Dan & Paige Meyerpeter Appreciation Day on April 29th which will be their last day with us.
- Heard a report from Personnel that the search has begun to fill the part-time Youth Director position.
- Heard a report from Stewardship on the plans for the upcoming Stewardship campaign. Kickoff Sunday will be April 22nd with a letter and stewardship moments in May and June. The full on campaign will be during June with a guest preacher on June 17th followed by Consecration Sunday on June 24th.
- Approved the baptism by immersion of new members during an all church picnic at Discovery Park on June 10th.
- Heard a report from Buildings and Grounds that previously approved electrical work has been completed by Collins Electric.
- Heard a report from Personnel that Jane Gentry has agreed to remain in the Office Manager position on a permanent basis.

Cora Hocker, Clerk of Session

FIRE - WEDNESDAY CHURCH FAMILY NIGHT

Family Dinner at 6pm and faith based programs at 6:30

End of the year celebration May 16th

- Trinity Kids Choir (1-5th grade)
- Youth Group (8-12 grade)
- Prayer and Praise (Adult Program)
- Nursery Care (6mo to kindergarten)
- FUEGO- Spanish speakers

Trinity Kids Choir Is Back! Lead by Richard March

Kids Choir is back and is being taught by Richard March on Wednesday nights from 6:30 to 7:30 until May 9th. Richard makes singing fun with games that teach vocal exploration, Soffege (do re mi fa so la te), round singing, repertoire study, and rhythm exercises. Performance schedule to follow. Donations of \$5 per class requested.

Prayer & Praise

It's an hour of prayer and praise time for adults. Come be spiritually filled!

Each week we come into Jesus' presence for an hour through worship, the Word, witnessing, and prayer 'Grace, so Amazing' is our next five week focus. We will look at how we are saved by Grace, seek understanding of God's forgiveness, God's love, receiving Grace, and finally God in us. Come for one week or the series. (Loving childcare provided for children from 6 months to kindergarten)

Trinity Youth Group

A student-lead group for 8th to 12th grade students. These kids are having fun and getting closer to Jesus. After a wild activity our teens sing praise songs, lead their own Bible teaching and witness about Jesus in their lives. Additionally, teens can find out about opportunities to experience service by feeding the homeless, join a bible study, mission trip and more.

FUEGO

Do you have a friend, neighbor, or co-worker whose first language is Spanish? Invite them to dinner with you on FIRE nights and introduce them to our Latino friends for a Bible study and prayer time in Spanish. (Loving childcare provided for children from 6 months to kindergarten).

Save the Dates!!

Vacation Bible School (VBS) at Trinity

June 11-15 from 5:30-7:30 pm

Invite your friends to join us for



Featuring the music of "Go Fish" and others.

Check out a preview video at

<http://youtu.be/GfMNBBrqMnU>

Contact Sue Goodwin (sue@TrinityWestSac.org or 916.359.3970)
if you can help.

Labor Day Weekend Camping trip to Yosemite

RSVP now for our church group camping trip to Yosemite for two nights beginning Saturday, September 1st (Labor Day Weekend)! Hodgdon Meadow group campground is located in breathtaking Yosemite National Park in Central California's rugged Sierra Nevada Mountain Range. The site is 25 miles from Yosemite Valley at an elevation of 4,875 feet. This site is for tent camping only and is a developed site (flush toilets and running water). The cost is only \$5 per adult, however we are limited to thirty adults (and all the kids we are willing to be responsible for that weekend). There is an entrance fee to the park of **\$20 per car**. This entrance fee is valid for unlimited entries to Yosemite for seven days, and includes all occupants of the car. RSVP with payment to Wave Armijo (wave.armijo@gmail.com; 916-373-1330).



Sunday June 10 (Save the Date)

9:00 Worship at Trinity

11:00 Worship at Discovery Park

Worship, baptisms, new members

All Trinity Picnic, BBQ, Fun and Games

The Trinity Family Together



May 20th, 2nd+1 Sunday!!!

We're Going to Build Quilts!!!

The Churchlife Committee invites you to join us for potluck and great stuff on the second Sunday + 1 this May 20th. This month Ethel Hayes will lead us on a quilt-build! We will each create a panel and those panels will combine to build a wonderful Churchlife quilt. You can also bring a piece of your favorite, meaningful, or crazy cloth fabric. We can piece together some cool and crazy ones together too!

It is such a blast to share dinner and catch up with each other's news while eating delicious treats that we bring to share. Then right after dinner, we will decorate and sew! This might be the funnest two hours of your whole month!

This month's food breakout:

N-S appetizers/munchies,

T-Z salads,

A-F entrees, and

G-M desserts.

(Don't worry! We rotate food assignments from month to month.)

Please plan to bring enough of your course to serve at least 6 people.

To keep our fun night "green" and "clean," also please bring your own place setting.

If you would like to be part of the Second Sunday planning process to share a great idea, please contact Robb Perrine at trinitychurchlife@hotmail.com.



What's New in the "BAG"?

(Buildings and Grounds)

A fabulous Clean-Up Day, led by Nola Goeden, was held Saturday March 31. 30 people came and shared in the work. Windows were washed, walls painted, general cleaning, ceiling fans dusted, a large tree root removed (big job), cabinets cleaned out and restocked, and the narthex was rearranged. A BIG thanks to all who came and joined in the fun!

In the last month:

The session approved new electrical safety upgrades - \$837.00.

Rotting posts in the hallway are being repaired.

The weeds behind the office have turned into a lawn.

A big load of trash went to the landfill.

The church fascia is being washed, primed and painted.

Eighty pounds of leaves, moss, etc. were removed from the roof and gutters.

Refrigerator, with ice maker, was installed in the kitchen.

New safety electrical outlet and light ballast was installed in Room 3.

New flowers were planted and weeds pulled.

The outside door to the stage area was painted.

The north wall of the church was pressure washed.

Door stops were repaired and door handles tightened.

New filters were installed in the heating and AC unit.

All of the above didn't happen by magic! No, those who made it happen were: Don Brooks, Cliff Hayes, Al and Barbara Maich, Errol Summy, Timothy Summy, and Edith Walker.

Reminders and Thank Yous from the Deacons

YES, tax time is over! Now it's stewardship time, which ultimately translates over to budget time. Remember that the Deacons do not depend on the budget, we depend on donations including the loose money given in our collection plates during weekly worship offerings.

We also have an on-going recycling program for aluminum cans and plastic soda bottles. Set your recyclables aside during the week and bring 'em on in every Sunday!

Be sure to mark your calendars for the fourth Sunday every month at 3:00 to join us in worship at Riverbend Skilled Nursing right here in West Sacramento. A very grateful THANKS goes out to Robb Perrine for providing the message and to Gayle Andrade with her lovely singing voice. These two Deacons, although not currently serving an official term, have kept up a connection to these special seniors and bring a meaningful service every month. It could be YOU someday, or your mother or father, or your grandparents who appreciate the love of God shared through this Trinity ministry. All are welcome, we appreciate your support!

Terri Young

Moderator

Trinity 101 is Back!!!

Please mark your calendars to attend Trinity 101 Saturday May 19th at 8:30 a.m. The class will be approximately 4 hours long with an hour break for lunch. If you are considering becoming a member or want to learn more about Trinity Presbyterian Church this is the class for you. You will learn what it means to be a Presbyterian, the church organization and what presbytery means. You will also enjoy lunch with church leaders and have an opportunity to ask questions of the interim Pastor. Please call the church office for additional information and to sign up for this class at 916.371.5875. We look forward to seeing you in class!!!

Spiritual Gifts Class is Back!

Come and discover the unique "gifts" God has given YOU beginning on **Sunday, June 10th** from **1:30-3:30 p.m.** During the 4 week series (ending on July 1st), class participants will use a program called Network to help them identify their spiritual gift(s), their personal style, and their God-given passion for serving. Each person will have his/her own "workbook" for the class. Linda Whitney will be your "guide" on this gifts discovery journey.

You may sign-up for the class by calling the church office (371-5875), sending us e-mail at adminstrator@TrinityWestSac.org, or talking with Linda (421-0341).

Scam Alert Workshop for Seniors

The Yolo County District Attorney Elder Protection Unit will be hosting a workshop at Trinity Presbyterian Church May 9, 2012 from 1:00 p.m. to 2:00 p.m. in Room 12. The workshop will identify how older adults can protect themselves against crimes such as identity theft, telemarketing fraud, door-to-door, and phony check/lottery scams. According to the FBI, Identity Theft is now one of the fastest growing crimes in the Country and citizens may not even know they are a victim until creditors start calling.

Since fraud schemes are ever evolving, continuing education is essential to reduce the number of potential victims. Fortunately, awareness is a very effective tool in combating these types of crimes. The District Attorney's office believes that teaching older adults how to recognize and avoid these scams is an effective tool to combat crime. You will learn simple and practical ways to help reduce your exposure to things like check fraud, skimming, and home invasion robbery.

Please call the office to reserve your spot in this valuable workshop!!!

Baby Shower thank you from Stave and Ali David



Dear Church Family:

It is a blessing to be a part of this community. Our baby shower was very fun. Thanks to Lori and Danielle for organizing, to Edith for preparing the food, and to everyone for their thoughtful gifts and joyful spirits (and help cleaning up). We had a wonderful time in celebration of the anticipated addition to our family. Thanks be to God!

Steve and Ali

Get ready for summer with a good read by joining our community book read: *The Ragamuffin Gospel* by Brennan Manning !

For more than 15 years, Manning's bestseller *The Ragamuffin Gospel* reminds us that Jesus did not come for the pretty, pious and powerful. Instead, he came for the "bedraggled, beat-up and burnt-out" ragamuffins who desperately need his grace. Dispelling the myth that you must work to receive God's gift of grace and joy, Manning, a fellow ragamuffin, reveals the true nature of a freely-given and unrelenting grace that's available to all. Drop the burden of never measuring up and revel in the comfort of a God who loves you for who you are - not for who you think you should be.

Keep your eyes open in May for sign-ups for the group order for the book. If you are interested in leading a book discussion or want more information please contact Wave Armijo (wave.armijo@gmail.com or 373-1330).

Dan and Paige Meyerpeter Say Farewell to Trinity

Hello Church,

It is with great joy and great sadness that I write this, my last newsletter article for Trinity Presbyterian Church. Over the last year Paige and I have been seeking God's guidance for our lives. We have fasted, prayed, and discussed with our close friends, and have felt God moving us elsewhere.

This has been a huge decision for us as a couple. This decision comes from two sources; one is a deepening desire to use our gifts and abilities to their potential, sharing God's love with the lost. In addition, we also have struggled financially for the several years. This has led us to work several part time jobs to make ends meet. It is our desire to minister to young people for the rest of our lives. We would like to be moving towards a place where we can do this at healthy sustainable levels.

As we look back over the last 4 years at Trinity we have seen God move in amazing ways in the lives of young people. It is only fitting that you know what you have been a part of through Trinity. You have grown up student leaders who are excited about sharing the Gospel with their friends. You have helped 20 students go on a mission trip to Mcdermott, Nevada. You led a week of service where many youth groups served West Sacramento. You helped many students grow in their faith, leading some to baptism. You have helped a few students find more stable housing. You have made a huge difference in the lives of young people in your church and community.

It is with great sadness that we are leaving Trinity. I have yet to fully process my time here at Trinity, but I do believe that I will look back upon this time and remember the deep bond of fellowship that I have with many of you. It has been a privilege and an honor to be a part of this church family and to be involved in your lives. I have really learned what it means to live in community with each other.

We are not sure exactly where God may be leading us. At this time we believe He is leading us to take a full time position with River Ridge Covenant Church in Olympia, Washington.

Know that even though we may be miles apart there is a deep bond that unites us, our fellowship with the Holy Spirit. Know that you are in our hearts and our prayers and even though you are far away, you are close in spirit.

Much Love,

Dan and Paige

May Birthdays



Adele Moss	1	Erik Jackson	19
Gretta Moss	1	Angelo Miranda	19
Luke Kelley	2	Hailey Sifers	19
Madisen Madrigal	2	Austin Elfering	20
Robert Armijo	6	Olivia Fischer	20
Nick Zylstra	6	Taylor Rose Hodye	22
Lilly Cook	7	Jill Thom	22
Michael Donaghy	9	Suzie Ferraro	24
Annabelle Higman	12	Heidi Finlay	24
Jo-Jo Brannan	13	Laura Lawrence	24
Hayden Crall	13	Paul Moreau	24
Gabby Fairbanks	13	Michael Painter	24
Sophia Candelario	14	Kay Galberg	26
Hilda Harrington	14	Hannah Chen	27
John Robinson	14	Cathy Davis	27
Elizabeth Robinson	14	Annabelle Gould	28
Betty Sokolich	14	Dave Bolach	29
Matthew Richardson	15	Michael Watson	29
Melisa Holmes	16	Guy Gibson	30
Samaria Sylvester	18		

**NEW AND IMPROVED
KIDS FUN DAY AND CHURCH BAZAAR
Saturday MAY 5, 2012**

This year we are trying something new-- Kids Fun Day combined with a church bazaar and yard sale. This fun event will take place on Cinco de Mayo, Saturday May 5, 2012.

Kids Fun Day from 10:00 – 2:00 We will have fun--bounce houses, the Fire Department smoke house, face painting, crazy hair, crafts and Mexican dancers.

Church Bazaar and Yard Sale 9:00 – 3:00 We will combine Kids Fun Day with the church bazaar that we held for many years. The bazaar will have areas for sale of craft items, kids' clothes and games, household goods, gardening things and plants, books and records, etc.

Items you are donating for the Yard Sale and the Bazaar can be brought to Trinity on May 2, 3, 4, from 9:00-6:00. The items can be placed in Rooms 4-5-6. Cora Hocker and Linda Brooks are in charge of the Yard Sale. We will also rent spaces for \$30 if you would like to sell your own items yourself. Call the office to reserve a space. They will call you back with details.

And, of course, there will be food! Snow cones will be free. We will be selling **Mexican Food** as it is Cinco de Mayo. We will also have a fabulous **Bake Sale**. Sign up to bring yummy items for the Bake Sale in the Narthex. Gayle Andrade and Ethel Hayes are in charge of the Bake Sale.

Proceeds from the Yard Sale and Bake Sale will be added to the "Pastor's Purse" to help cover the cost of interviewing final pastor candidates and relocating our new pastor.

Decide how you would like to do to be part of the new and improved Kids Fun Day and Bazaar! We need everyone's help for this church-wide event.



Thank you for the Easter Lilies

The following people donated the beautiful Easter Lilies in the Sanctuary and Café in memory of loved ones.

Carol Onalfo and Barbara Amick: In memory of Merle Amick, loving husband and father

Carol Onalfo: In memory of her loving husband Ken Onalfo

Evelyn Rose: In memory of her beloved "Sam" Rose

Elaine Fahringer: In memory of William Fahringer

Metha McDavid: In memory of her loving husband Jim McDavid

Barbara Reynolds: in memory of her mother Barbara Williams

Ted and Janet Bagdazian members in memory of their dearly departed Bagdazian family members

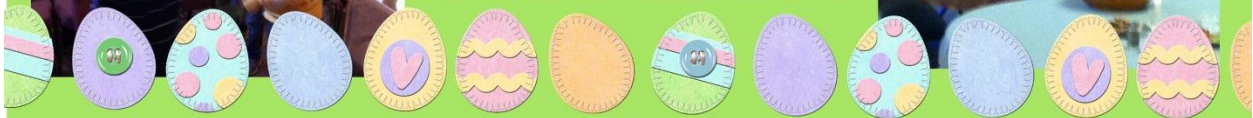
Jane Gentry and Kami Rasmussen: In memory of their loving family members Jacqueline Gentry-Jones, Nancy Gentry and Clarence Gentry



Easter & Holy Week 2012



Easter joy



Trinity Presbyterian Church
1500 Park Blvd
West Sacramento, CA 95691

Office Hours: Tuesday—Friday
9:00 a.m. to 3:00 p.m.
Phone: 916.371.5875

www.TrinityWestSac.ORG
Email :
Info@TrinityWestSac.ORG

**CHANGE SERVICE
REQUESTED**

Church Staff

Interim, Interim Rev. Dr. Thomas Smith

Rev. Tina Torres, Pastor of Latino Ministries

Boris Karpuk, Music & Choir Director

Dan & Paige Mayrpetar, Youth
Leaders

Jana Gentry Office Admin

Karen Matcalf & Carol Onalfo
Office Volunteers

Trinity Press Co-Editors
Kathy Trott &
Jana Gentry

And Many , Many Volunteers

Trinity's Vision Statement

Trinity Church is a Spirit-filled, loving, and life-transforming community of believers, who experience Jesus Christ and grow in faith together, challenging each other to serve with compassion and creativity. In response to God's grace, we bring the hope of life in Jesus Christ to the community and the world, inviting them to join us on this journey of discipleship.

