

May 2013

# Trinity Press



**Pentecost Sunday, May 19**

## Sunday Worship Services

9:00 am Family-Friendly  
Contemporary

11:00 am Spanish Language

11:00 am Blended/Traditional

Child care at all Worship Services

Nursery (0—2.5 ) — Room 11

Preschool (2.5 to K) — Room 10

Sunday School Classes

Grades K-5 — Rooms 4, 5,6

## Dirt to Dinner Community Festival Saturday May 18

8 - 10:00 Garden Demonstrations

Hands-on garden workshops



10 - 2:00 Festival, Workshops

Demonstration kitchen, booths,  
speakers, children's activities,  
food trucks . . . . . soil, worms,  
trees, kale, farms, canning,  
chickens, recycling, composting,  
rain barrels, tasting and more.

Volunteers needed 7:00 am – 3:00 pm

<http://dtdtrinity.wordpress.com/>

## HAVE YOU GIVEN UP ON BEING A FAN OF JESUS YET?

### E-Mail

Back on Easter we started a new sermon series called, *Not a Fan* based on the book by Kyle Idleman. By the time you read this E-mail from me, we will be half way through the series.

We started with the simple premise of being a fan of Jesus versus being a follower. We defined that a fan is: "An enthusiastic admirer." We all like the idea of having an admirer. But Jesus desires that you be more than a fan. He wants you to know him intimately, not just know "about" him. In other words, a fan seeks knowledge about someone, but a follower seeks a relationship.

Do you know about Jesus? Do you know about the things he taught, the person who claimed to be, or even some of his miracles? This is all good. But it also falls under the category of knowledge. Are you willing to live according to the way Jesus taught? Are you willing to trust him even when things are tough, even when you don't understand him? If you are, now you're entering into the follower camp.

We have a few Sundays left in this series. If you have missed any of them, you can catch up by watching messages on our podcast at [www.TrinityWestSac.org](http://www.TrinityWestSac.org). There are also a few messages to go. I encourage you to take a little time this Sunday to come to Trinity and challenge yourself to know about Jesus a little more and if you feel led, to come to know him personally.

Won't you join us?

Blessings,

Pastor Eric

## **SESSION HIGHLIGHTS**

At the regular meeting of Session the following reports were heard and actions taken:

- Elected Linda Brooks as commissioner to presbytery on May 14, 2013.
- Approved re-designating the remaining funds in the Pastor's Purse as Pastor's Discretionary Fund.
- Heard a report from Buildings and Grounds that approximately 20 people worked very hard on Cleanup day. While a lot was accomplished, there are still areas that need attention. More workdays will be scheduled in the near future.
- Heard a report from Connect and Equip that Not a Fan Study begins on May 1<sup>st</sup>.
- Heard a report from Mission and Outreach that plans for the Dirt to Dinner event are coming along. Trinity folks are asked to like it on Facebook and to go online to sign up to participate.

Cora Hocker, Clerk of Session

## Grace Night

Wow! What a blessing it was to lead this newly revamped program. We began in September 2012 with a kick-off dinner. In October we focused on fitness, enjoyed a guest speaker, and played bible baseball. In November Debra Johnston shared biblical reasons why we should be thankful, we enjoyed a Thanksgiving feast, and we made goody bags to distribute to our West Sacramento homeless. In December we collected books and wrapped them to promote literacy and provide gifts for our homeless population. The distribution was made possible by Helena Helmold, who graciously partnered with us. We also had a Christmas party with a wonderful early Christmas meal.

In January 2013 we began a biblical study of the Book of Ephesians. We learned about Paul's graciousness to and encouragement of the folks of Ephesus in spite of his own incarceration. He taught them the secret to separating themselves from their old way of life so they could take on a new way of living, plus the importance of protecting themselves with the whole armor of God. In March we continued our study and took a break to enjoy the Holy week services.

In April 2013 we had a graduation celebration and fellowship. We discussed what we enjoyed most about Grace Night and planned how we would move forward. We agreed that we began as a midweek program and ended as a small group with solid relationships, friendship, and commitment to keeping the bible in our lives. We also shared we enjoyed our fellowship with the Latino Bible Study Group and the Youth Group.

An outstanding student award was presented to Shannon Kelley who was the heart and soul of Grace Night, not only because of the delicious meals she prepared, but also because of her enthusiasm, willingness to share openly, and her commitment to learning about God and his plan for all of us.

Special thank yous are extended to Shannon Kelley, our resident chef; Glenda Dahms, who lovingly coordinated the goody bag project; and all who attended and made the study so enjoyable (Karla Rasmussen, Don and Linda Brooks, Terri Young, Barbara and Darby Vickery, Cliff and Ethel Hayes, Shannon Kelley, Jim Phipps, Lori Custodio, Kaleena Perez, and Pat Fritchie).

With Grace, Jane Gentry

## Out of the Box

What is the point?

I can think of very few delicacies better than a bowl of freshly picked tomatoes and cucumbers dressed with a little olive oil, a splash of red wine vinegar and a sprinkling of Kosher salt, pepper and oregano. Price: about 4 bucks. The catch to this price is that you have to plant and water your own cucumbers, tomatoes, and oregano. Your \$4.00 will make at least 60 pounds of salad [yes, a tomato vine can easily produce 30 pounds of fruit over the season, cucumber production is a bit less, but a properly trellised vine will give you 1 – 3 cucumbers daily throughout the season.] If you have a trellis you might think about growing your own cantaloupe next to the cucumbers – they trellis nicely. Instead of \$2 for a mealy grocery store cantaloupe, pay \$2 for a plant and receive 10 – 12 melons with unparalleled taste.

The most underutilized source for the most nutritious, most delicious, and least expensive food on the planet is your own backyard. Throw in preserving techniques: freezing, drying, canning – and food prices start to approach free. I am convinced that every household should grow *some* of their own food.

Is it reasonable to think that a food pantry might also offer no or low-cost plants with workshops on planting, growing, harvesting, preparing and preserving food? Will Out of the Box become an organization that not only feeds people, but also teaches those of sound body and curious mind how to grow their own food?

I hope so.

Eat well and feed people whenever possible!

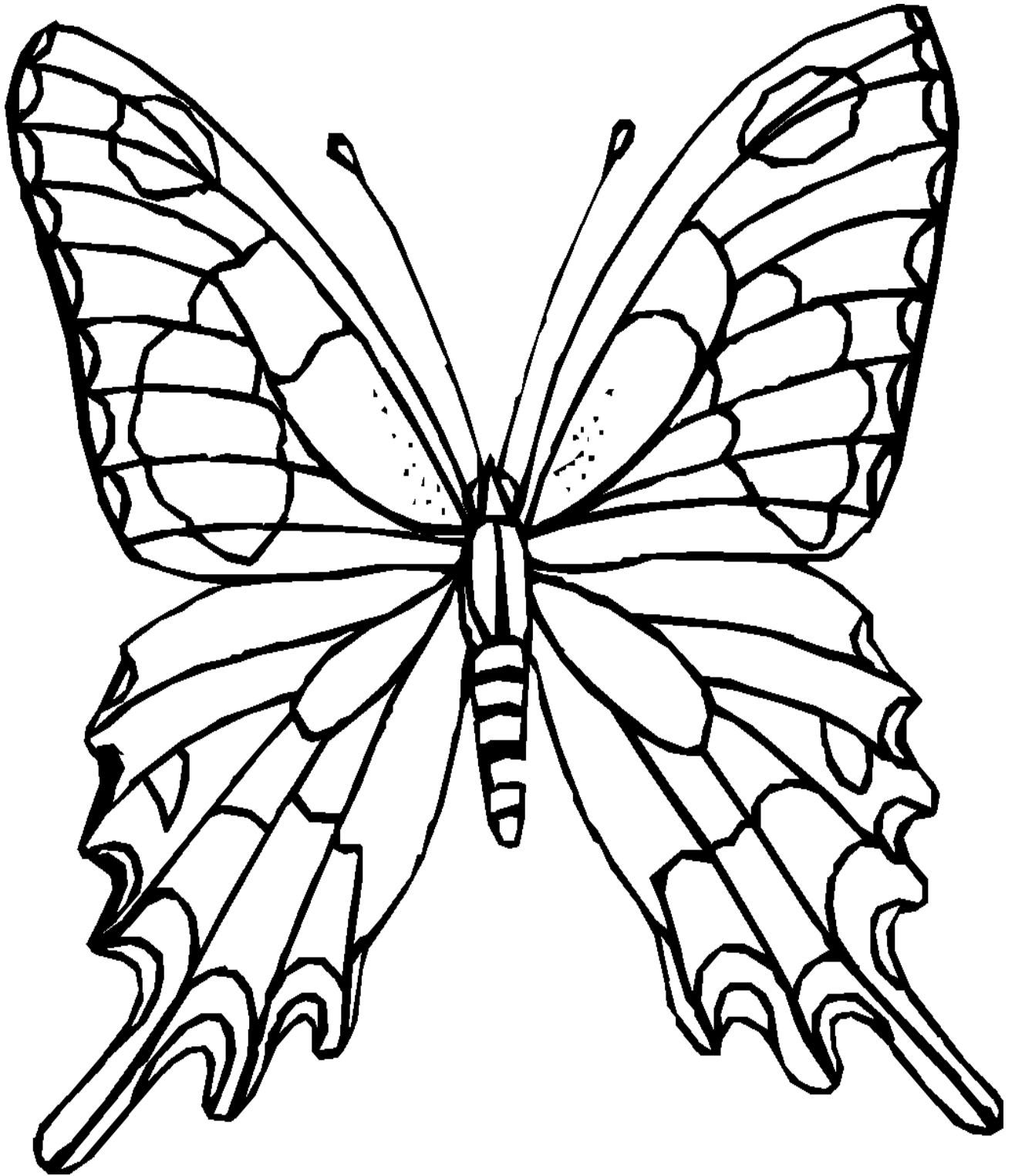
Kevin Hansen

## Pentecost - what does that mean?

Pentecost is the Sunday fifty days after Easter and is the transformation of the Jewish Festival of Weeks, in which the first fruits of the harvest were offered to God. Acts 2 provides the explanation of Pentecost. It states, in part, "...suddenly from heaven there came a sound like the rush of a violent wind, and it filled the entire house where they were sitting. Divided tongues, as of fire, appeared among them, and a tongue rested on each of them. All of them were filled with the Holy Spirit and began to speak in other languages..." Please read Acts Chapter 2, in its entirety to understand the meaning and relevance of Pentecost Sunday (May 19, 2013).



*Color Me*





Join us for VBS this summer...  
It's going to be "Out of This World"!

When: June 24-28 from 5:30-7:30 p.m.

Where: At Trinity

Who: Kids from ages 4-12ish

Why: It's a "Cosmic Adventure Praising God"!

Look for registration on-line at

[www.trinitywestsac.org](http://www.trinitywestsac.org) or call Sue Goodwin

(717-5299) with questions.



# Dirt to Dinner 2013



Dirt to Dinner is a festival and workshop, all in one. It aims to celebrate the great soil, climate and people resources we have in West Sacramento, and, hopefully will empower the community to grow and eat more of their own food. Given the values we share about water and environmental resources in this area, this event will encourage sustainable, river-friendly approaches to increasing the availability of locally grown food. This event is led, hosted, and sponsored by the Outreach Committee at [Trinity Presbyterian Church](#) in West Sacramento.

This year we are happy to feature lots of local talent, including [Dan Gannon](#), West Sacramento Farmer, who will speak about “bringing the garden home” and how to have a food cycle without petroleum; and [Chuck Ingels](#), UC Master Gardener, speaking about the importance of good soil. We will also feature cooking demos and food from [Mama Kim Cooks](#) and [Wicked Wich](#)! Come on out and get your hands “soily!”

## May Birthdays



Adele Moss	1	Samaria Sylvester	18
Gretta Moss	1	Angelo Miranda	19
Luke Kelley	2	Hailey Siters	19
Madisen Madrigal	2	Erik Jackson	19
Robert Armijo	6	Valencia Rodrigue	19
Nick Zylstra	6	Austin Elfering	20
Lilly Cook	7	Olivia Fischer	20
Michael Donaghy	9	Taylor Rose Hodye	22
Annabelle Higman	12	Jill Thom	22
Jo-Jo Brannan	13	Suzie Ferraro	24
Hayden Crall	13	Heidi Finlay	24
Gabby Fairbanks	13	Laura Lawrence	24
Sophia Candelario	14	Paul Moreau	24
Hilda Harrington	14	Michael Painter	24
John Robinson	14	Kay Galberg	26
Elizabeth Robinson	14	Hannah Chen	27
Betty Sokolich	14	Cathy Davis	27
Matthew Richardson	15	Annabelle Gould	28
Melisa Holmes	16	Dave Bolach	29
		Michael Watson	29
		Guy Gibson	30



Holy Week & Easter 2013



**Trinity Presbyterian Church**  
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**CHANGE SERVICE  
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Asso. Pastor, Latino Outreach: Rev. Tina Torres  
Choir Director: Gayle Andrade  
Pianist: Andre Andrievskiy

Jane Gentry , Office Admin  
Karen Metcalf & Carol Onalfo  
Office Volunteers

Trinity Press Co-Editors  
Kathy Trott , Debbie Johnston &  
Jane Gentry

And Many , Many Volunteers

**Trinity's Vision Statement**

*Trinity Church is a Spirit-filled, loving, and life-transforming community of believers, who experience Jesus Christ and grow in faith together, challenging each other to serve with compassion and creativity. In response to God's grace, we bring the hope of life in Jesus Christ to the community and the world, inviting them to join us on this journey of discipleship.*

