

June 2016

Trinity Press



Olympics Vacation Bible School

Sunday Worship Services

10:00 am English

12:00 pm Spanish

Child care at all Worship Services

Nursery & Preschool

Room 7

Sunday School Classes

Grades K—6 Room 3

Communion Sunday

Sunday, June 5

Adult Bible Study

Wednesdays at 1:00 pm

Sundays at 11:15 am

Out-of-the-Box Food Packing

Sunday, June 12, begins at 11:45 am

Out-of-the-Box Food Distribution

Thursday, June 16, begins at 6:30 pm

Happy Father's Day

Sunday, June 19

Olympics Vacation Bible School

June 20 - 24, 6:00 to 8:00 pm



E-Mail *

A "HOW TO" BOOK ON CHRISTIAN LIVING

Wouldn't it be great if there was a "How To" book on Christian living? You know, a guide that we could read that tells us how to behave, what to say and, just as importantly, what not to say? Of course, we have the Bible. There are lots of good things in there about proper behavior and the way Christians should act. One book in particular is James.

The Life Application Study Bible writes that James, "could be considered a how-to book on Christian living. Confrontation, challenges, and a call to commitment await you in its pages."

We're going to take a closer look at James and what he has to teach us about Christian living. We're also going to get some help from Natalie Neff. Natalie isn't real. She does symbolize all the frustrations that we often live with, and she demonstrates how we can grow through adversity.

Natalie Neff is a struggling news reporter. She wants more, she wants more with integrity. It's there that she finds the tension between who she is, versus who she wants to be. People do a lot of things to move up in life: they manipulate, lie, steal and take credit for what others do. Natalie wants to move up, but she wants to do it the right way. Just like Natalie, we want more in life. But how we move forward has a bigger impact on our destination than we might think.

Join us in June as we begin a new sermon series called 'Live at Five.' Each week we'll watch Natalie struggle with her choices. We'll compare her life with our own, and what James teaches us about the Christian life, as we dive a little deeper into his letter addressed to all Christians.

Blessings,

Pastor Eric

* Pastor Eric's mail

The Olympics are coming to Trinity!



Forget Rio, the Summer Games that really count will be right here at Trinity this summer! We will be hosting our own Olympics Vacation Bible School from

June 20 – June 24. It will happen in the evenings each night from 6 to 8 pm. All kids entering kindergarten through 5th grade are welcome to participate, and big kids can sign up to be helpers. Adult volunteers are also needed. Mark your calendars and invite your friends. It will be a fun week of songs, Bible stories, crafts and some friendly competition, Olympics-style!

'Faith Family Night' at the River Cats Game

Are you ready for baseball? Grab your loved ones, and your glove, as Trinity Presbyterian Church (Trinity) enjoys a night out at the River Cats 'Faith Family Night'.

Date: Friday, July 8th

Cost: Our discounted rate is \$16 per person with full payment due Friday, June 1st, by 2:00 pm to the church office. If you are paying by check, please make the check out to *Trinity Presbyterian Church*. On the memo line write: *River Cats Game*. If you cannot go, but want to sponsor someone else, please let the church office know, and we will be happy to accommodate your request.

Time: 5:00 pm

Where: Meet at the Trinity front parking lot to carpool there. Carpools are defined as 4 or more persons per car, and parking is free with a special preprinted pass that the church office will provide. All other parking is \$10 per car.

The event begins at 4:30 pm, at Raley Field. Program festivities include a Christian band. The game begins at 7:05 pm.



Mission and Outreach Ministry Team News

This summer will be full of fun. The team is working on four summer events to mark on your calendar.

- A Saturday, July 16 Music and Food Festival at Trinity to raise money for a new Trinity roof. This will be a joint event of the Latino and English Ministries of Trinity.
- An August Lawn Concert, date to be determined.
- Movie nights. We are planning on two evenings of family movies and snacks. The movie nights will be in July and August, dates TBD.

Have you noticed? Mission and Outreach and other volunteers have weeded, installed drip irrigation and planted veggies behind the church to support Out-of-the-Box Ministry with fresh food. If you would like a tour of the Trinity garden, contact Ken Trott or Jane Gentry.

Speaking of Out-of-the-Box, June packing and distribution will be on Sunday, June 12 and Thursday, June 16, respectively. Volunteer to help and serve those needing a little extra help.

Latino Ministry

Family picnics have resumed. The Ministry's next picnic will be on the last Sunday in June, the 25th, at Linden Park,

beginning at 3:00 P.M. All are welcome to bring something to share and enjoy an afternoon of fellowship.



Fathers

When I think father, I remember a short, balding, vocal, politically active, small-framed black man; my father Clarence John Gentry. Many of you may recall similar memories, but of course with your father's image inserted! Sometimes my father was my hero, and sometimes he was the villain. Sometimes I even pretended the father next door was my father, because he seemed to always have it together. Or did he?

I had a supervisor years ago who said perception drives reality. I remember that to this day. As I look back and remember the perfect father next door, I realize he was not perfect at all. He was another human being, just like my father.

As we honor fathers this month, we understand they are human beings built in the image of God, but perfectly flawed because of the raw fallen nature of humanity. David in the bible was flawed, but God called and used him anyway. David committed adultery; David took a census though God told him not to, and David killed the husband of the wife with whom he committed adultery. However; in spite of his many flaws, David was courageous, fought and won many battles and, most importantly, loved God deeply.

God calls our fathers to be fathers, imperfect as he made them. God calls them to obey his laws. Ephesians 6:4 states *Fathers, do not exasperate your children; instead, bring them up in the training and instruction of the Lord.* Additionally, Colossians 3:21 states *Fathers, do not embitter your children, or they will become discouraged.*

God is confident our fathers can do their jobs. And of course, God is always there to be a father to all of us! May God bless all fathers as we celebrate and honor them. Happy Father's Day!



SOME
Super Heroes
Don't have
CAPES...
They are
called DAD

How Safe is Your Picnic?

Picnics and barbecues offer many hours of outdoor fun with family and friends. But warm weather events also present increased opportunities for foodborne illness, also known as “food poisoning.” Let’s learn more about the simple food safety guidelines that will protect you, your family and friends from food poisoning.

Packing the Cooler

- Keep cold food cold, 40° F or below.
- Always use ice or gel packs to keep your food items safe.
- Don’t cross-contaminate! Store raw meats at the bottom and ready-to-eat food on top.
- It's safe to freeze your meat and poultry; they will stay colder longer in the cooler.
- Use a separate cooler for beverages.
- Place cooler in a shady spot.

Grilling Safety

Always cook to safe minimum internal temperatures.

- Keep food out of the “Danger Zone.”
- Marinate meats safely in the refrigerator.

- Do not use leftover marinade as a sauce, unless it is brought to a full boil first.

- Never reuse the same platter or utensils that previously held raw meat, poultry or seafood, unless it is washed first.

- Never partially cook food unless it is washed first.

- Never partially cook food unless it can go directly to the grill.

- Always use a thermometer!

Did You Know?

- Perishable food can stay out of refrigeration for only 2 hours, and only 1 hour if the outdoor temperature is above 90° F.

- You can make your own cleaning solution for sanitizing washable surfaces and utensils. Mix together 1 tablespoon of chlorine bleach to 1 gallon of water. Spray on surfaces and utensils. Rinse thoroughly and air or pat dry with clean paper towels.

- Moist, disposable wipes can be used to clean your hands if soap and water are not available.

- Using 2 different-colored cutting boards can help prevent cross-contamination. Use one for meat, poultry and fish; the other for “ready to eat” food.

•Foodborne illness is a serious public health threat in the U.S. CDC estimates that approximately 1 in 6 Americans (48 million people) suffer from foodborne illness each year, resulting in roughly 128,000 hospitalizations and 3,000 deaths.

<http://www.fda.gov/downloads/aboutfda/transparency/basics/ucm354231.pdf>

June Birthdays



Nayeli Kojima	June 7
Keith Penney	June 11
Shirley Robinson	June 11
Cora Hocker	June 13
Adam Phipps	June 20
Dana Bolach	June 21
Glen Brinkhuis	June 23
Karla Rasmussen	June 28

Save the Date – Sept. 10th, 2016

Trinity Threads Together (TTT) is planning a yard/garage sale this fall instead of our craft sale. (We plan to have our craft sale in April of 2017.) So as you clean out your closets, cupboards and garages, be sure to save any unwanted items for Trinity's sale. All proceeds will go to the roof fund. Clean, gently-used clothing may still be donated by placing it in the barrel beneath the Welcome Center in the Narthex. Thanks for your help!

Replacing the Roof

By now you've seen the wonderful Church Bank in the Narthex Pastor Eric built for us. Hopefully you are also aware that as we continue to repair and refurbish our church, now is the time to replace the roof and the remaining heater in the Cafe'. The cost for this is \$50,000. The Finance and Buildings and Grounds committees have proposed we divide that amount by the number of 10' x 10' squares (140 in all) needed to cover the roof. If paid for in monthly installments, the payment for each square would be \$15/mo. for a period of two years. We pray to be free and clear of this debt within those two years.

We're asking the congregation to prayerfully consider paying for one or more squares (as you are able and the Lord leads you to do so). We'd like to start work as soon as possible, so we're asking you to fill out your pledge slips and put them in the church bank in the Narthex as soon as you and your family have made your decision.

As we are all Resurrection people, thank you in advance for helping us renew our beloved church building.



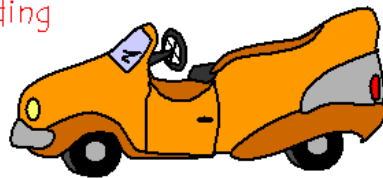
Father's Day Word Search

H L A I C E P S H I L K N A T
R E S P E C T H O N O R E P N
C L L A M T H A N K V O T P A
Y M R P Y E B O P J E W S R T
S T N E M D N A M M O C I E R
Y A D I L O H F I X C M L C O
U N D E R S T A N D I N G I P
M I N S T R U C T I O N C A M
E N I L P I C S I D X G Y T I
F O R G I V E N R A E L T E Y

appreciate
commandments
discipline
fix
forgive
help
holiday
honor
important
instruction



learn
listen
love
obey
respect
special
thank
understanding
work



Adult Bible Study

A study of the Gospel of Mark is being offered this Spring. Ken Trott will be leading this study. The 45-minute study will begin on June 5, at 11:15 am following worship service. Please let Ken know if you want to participate. He may be contacted at (530) 867-3130 or kktrott@aol.com.

Mid-Day/Mid-Week Bible Study

We are currently studying the Gospel of Matthew in our study led by Debra Johnston, M. Div. Our hour-long study meets on Wednesdays from 1 – 2 p.m. in Room 5. New members are always welcome!!

Meet Your Church Leaders

Joe Goeden—Elder

I've been a resident of West Sacramento since June of 1989. I was born in Spokane, Washington. My mother remarried, when I was 5 years old, a career member of the Air Force. This meant we moved just about every 4 years. I was raised in the Catholic faith and even served as an altar boy. We stopped attending Church when I was 11

years old. It was at that time my mother was denied the Sacraments, because she had remarried. Our family's faith in God remained, even though we were not regular church goers. I remained "unchurched" until we started attending Trinity in the early 90's.

I started my first stint as an Elder in the late 90's. My involvement in the life of Trinity has primarily been serving on the Finance Committee. I did start, and coordinate, a men's group for several years. I just finished my first year of another term as an Elder. I served on the Nominating Committee when Steve Whitney was called to Trinity.

I retired 13 years ago from the City of West Sacramento, after 30 years in local government. Since retiring, I have done some consulting, but mostly I have 'dabbled' in developing/improving real estate. I also sit on the Boards of 3 non-profit organizations in West Sacramento. I like working in the yard and spending time with family and friends.





*The father of the righteous will greatly rejoice;
he who fathers a wise son will be glad in him.*

Proverbs 23:24

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Jane Gentry, Office Admin
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Trinity Press Co-Editors:
Kathy Trott & Jane Gentry

Copy Editor: Debra Johnston

And Many, Many Volunteers

Trinity's Mission Statement:

The mission of Trinity Presbyterian Church is to invite people into the family of God to share the transforming love of Jesus Christ.

